

Salud SOL!

HCHS/SOL Newsletter



Volume 16, Issue 2

Hispanic Community Health Study/ Study of Latinos (HCHS/SOL)

DO NOT MISS THE LAST OPPORTUNITY TO PARTICIPATE IN VISIT 3!

If you have not participated yet in Visit 3, we will do as much as possible to help you participate in visit 3 during the next few weeks. Please call us as soon as possible at [\[field center phone number\]](#) to explore the options available and schedule an appointment. We may be able to go to you for a home visit if you cannot come to the clinic.

HCHS/SOL investigators continue to introduce new HCHS/SOL ancillary studies to gather information that could help lessen disease burden in the Latino community. Participants who complete Visit 3 may also be eligible to participate in additional HCHS/SOL ancillary studies.



We would like to take this opportunity to thank all who already participated in the 3rd in- person examination.

With your help we are learning more about the health of our community.



Person wearing the heart monitor used in SOL Rhythm. Picture source <https://www.irhythmtech.com/>

HAVE YOU HEARD ABOUT SOL-RHYTHM?

SOL-Rhythm is an HCHS/SOL ancillary study about irregular heart rhythms (arrhythmias). Research shows that heart arrhythmias are associated with higher risk of stroke and with Alzheimer's disease and related dementias. SOL-Rhythm aims to evaluate how arrhythmias may impact the brain health of Hispanic/Latino adults.

If you are eligible and choose to participate in this study, you will be asked to wear a small heart monitor that sticks to the upper chest like a band-aid for 14 days. The device weighs less than an ounce and is water resistant. It will monitor the rhythm of your heartbeat while you go about your everyday activities.

If you are interested in learning more about SOL-Rhythm or any other HCHS/SOL ancillary studies you may be eligible for, please call us at [\[field center phone number\]](#).

Annual Follow Up Interviews: We will continue to call you each year for your brief annual phone interview to learn about changes in your health and to update your records of hospitalizations and emergency room visits. Call us at [\[Field Center #\]](#) if you have not heard from us in the last 6 months.

Miami, Florida

305-243-1828



Bronx, New York

1-718-584-1563



Chicago, Illinois

1-800-749-4765



San Diego, California

1-619-205-1926



Coordinating Center

1-919-962-3254

